



## THE GOOD CAFE

BY ZUCCOLI IGA

### ELC and Junior School Menu

#### Snacks

Piece of Fruit (VEG)	\$1.00
Fresh Fruit Salad Cups (VEG)	\$3.00
Fresh Veggie Cup (VEG)	\$3.00
Tub of Custard 150g (VEG)	\$2.20
Pauls Bluey Vanilla Custard Squeezy 70g (VEG)	\$2.00
Mainland Cheese and Crackers (VEG)	\$3.50
Chicken Breast, Cheese & Crackers	\$4.50
Leg Ham, Cheese & Crackers	\$4.50
Tuna with Sweetcorn in Mayo & Crackers	\$3.50
Vege Chips (GF, Vegan)	\$2.00
Brown Rice Mini Bites (GF)	\$1.50

#### Sandwiches

All sandwiches made with wholemeal bread.  
Can be with or without butter.

Cheese (VEG)	\$2.00
Vegemite (VEG)	\$2.00
Vegemite & Cheese (VEG)	\$2.50
Ham	\$4.50
Ham & Cheese	\$5.00
Ham, Cheese & 2 Salad fillings free of charge	\$5.00
Roast Chicken and Mayo	\$4.50
Roast Chicken, Mayo & Cheese	\$5.00
Roast Chicken, Cheese & 2 Salad fillings free of charge	\$5.00
Choice of Wrap or Gluten Free Bread extra \$0.50	

#### Daily Specials

##### Monday

Sushi – Teriyaki Chicken, Tuna & Avo,	\$4.50
Tuna & Corn, Vegetarian (VEG)	

##### Tuesday

Chicken, Mayo & Lettuce Burger	\$6.00
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##### Wednesday

Sushi – Teriyaki Chicken, Tuna & Avo,	\$4.50
Tuna & Corn, Vegetarian (VEG)	

##### Thursday

Chinese Fried Rice (VEG)	\$5.00
Add Roast Chicken	\$2.00

##### Friday

Hotdog (GF) with your choice of sauce	\$4.00
Add Cheese	.50
Add Onion	.50
Add Bacon	\$1.00

#### Salad

Salad Box – Lettuce, Tomato, Cucumber, Carrot (VEG)	\$6.00
Add Beetroot	\$0.50
Add Hardboiled Egg	\$1.00
Add Roast Chicken	\$1.20
Add Ham	\$1.20
Add Cheese	\$1.00
Roast Chicken Caesar Salad	\$6.00

#### Hot Food / Add Salad

Beef Lasagne	\$5.00
Honey Soy Chicken with mixed veggies and Rice	\$5.00
Mac and Cheese	\$5.00
Twista Bolognaise	\$5.00
Spaghetti Meatballs	\$5.00
Add Garden Salad	\$2.00
Butter Chicken with Rice	\$5.00
Baked Chicken Dino Nuggets - 4 pack	\$2.50
Baked Chicken Dino Nuggets – 6 pack	\$3.50
Mini Pies – 1	\$1.50
Mini Pies – 2	\$2.50
Mini Sausage Rolls - 1	\$1.50
Tomato Sauce	\$0.35
BBQ Sauce	\$0.35

#### Drinks

Water 600ml	\$1.50
Breaka Flavoured Milk 250ml	\$2.50
Pauls Milky Max 250ml	\$2.50
Nippy's Flavoured Milk 375ml	\$3.50
Up and Go 250ml	\$2.50
Sparkling Flavoured Water No Sugar 375ml	\$2.50
Just Juice Popper 200ml	\$2.00

Please order all meals via

[www.flexischools.com.au](http://www.flexischools.com.au)

*Parents – you are welcome to purchase your morning drink from The Good Café, open from 7am.*

These drinks are not available for students to purchase

V Drink	\$3.50
Red Bull	\$3.50
Boss Coffee Can	\$5.00
Coffee Small	\$4.00
Soy Milk/Lactose Free	\$0.50

**Should you have any allergies or intolerances, please let us know when ordering your food.**