

TERM SPECIALS			DRINKS		SANDWICHES, ROLLS & SALADS	
MONDAY			250ml Popper Juice 100% Apple & Black Currant, Apple, Orange, Tropical	\$2.50	Sandwiches	
Nuggets	3pack	\$2.50			Chicken, Avocado	\$5.50
	6 pack	\$4.50			Ham, Cheese & Tomato	\$4.50
Mini Choc Muffin		\$0.60	300ml Paul's Juice 100% Orange, Orange & Mango, Apple	\$3.50	Lettuce, Cheese & Tomato	\$4.00
TUESDAY					Egg	\$3.50
Meatball Sub/Tomato Sce with Cheese		\$5.00	300ml Flavoured Oak Light Milk Chocolate, Strawberry	\$3.50	Curried Egg	\$3.50
Fried Rice Small		\$3.50			Chicken, Cheese & Mayo	\$4.50
WEDNESDAY					250ml Flavoured Milk UHT Chocolate, Vanilla Malt	\$2.50
Baked Spag Bolognaise		\$4.50	Chicken & 3 fillings of your choice	\$5.50		
Mac & Cheese		\$4.00	Vegemite	\$2.50		
Chicken Burger with Lettuce & Mayo		\$5.00	600ml Water	\$2.50	Wraps	
THURSDAY			MEAL DEALS (Tuesday)		Ham & 3 fillings of your choice	\$5.50
Meatballs	3 pack	\$2.50	6 Chicken Nuggets		Chicken & 3 fillings of your choice	\$6.00
	6 pack	\$4.50	Plus 250ml Popper or Breaka \$6.50		Sweet Chilli (lettuce, tomato, cheese)	\$5.50
Choc Slice		\$0.60	3 Chicken Nuggets		Extras	
FRIDAY			Plus 250ml Popper or Breaka \$4.50		Rolls	\$0.60
Plain Hot Dog		\$3.50	MEAL DEALS (Thursday)		salad fillings	\$0.50
	+ Cheese	\$0.50	6 Meatballs		Ham fillings	\$1.00
	+ Sauce	\$0.50	Plus 250ml Popper or Breaka \$6.50		Chicken fillings	\$1.50
	+ Onion	\$0.50	3 Meatballs		Cheese	\$0.50
	+ Bacon	\$1.00	Plus 250ml Popper or Breaka \$4.50		Toasted	\$0.50
			Poppers: Orange, Apple, Tropical or Apple		Avocado	\$1.00
			blackcurrant Breakas: Chocolate or Vanilla		Boiled Eggs	\$0.60

HOT FOOD		SALADS	
#Lasagne (homemade)	\$4.50	Caesar	\$7.50
#Spaghetti Bolognese (homemade)	\$4.50	Ham	\$6.50
#Pizza Rounders	\$3.00	Chicken	\$7.00
Corn on the Cob	\$1.00		
Garlic Bread	\$2.00	VEGETARIAN	
Hamburger (cheese & tomato sauce)	\$4.50	^Spinach & Ricotta Roll	\$5.20
*Pie	\$4.80	*Old Style Vegetable Pastie	\$5.20
*Party Pie	\$1.80		
*Sausage Roll	\$3.70	GLUTEN FREE	
*Cheese Cruiser	\$4.80		
Sauce Tomato, BBQ	\$0.50	*Beef Pie	\$5.50
# NOT available WEDNESDAY		* Vegetable & Ricotta Roll	\$4.80
*ONLY available TUESDAY & THURSDAY		OPERATING PROCEDURES	
^ONLY available MONDAY & FRIDAY		The College Canteen is located at the Howard Springs Campus and offers a range of healthy lunch options for all students across both campuses.	
TREATS		The Canteen is guided by the Northern Territory Governments Canteen, Nutrition and Healthy Eating Policy.	
Jelly	\$1.00		
Jelly & Custard	\$1.50		
Cup of Goodness (Carrot, Dip & Rice Crackers)	\$2.00		

ORDERING

Online orders must be submitted by 8.00am on the day of order.

Orders can be placed and paid online at www.flexischools.com.au

If you do not wish to use this system, the Canteen is happy to receive manual orders. Manual orders must be handed into the Palmerston Campus Front Office by 12.00pm on the day PRIOR.

Please ensure you clearly mark child's name and class on bag.

