

Mrs Lynne Pokela Head of Junior School

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## CHOWARD Springs Deuts Campus Springs Deuts

www.goodshepherd.nt.edu.au

25 June 2021



2021

**Monday 19 July:** Pupil Free Day for Staff Professional Development

**Tuesday 20 July**: Students return to school

**Friday 23 July**: Darwin Show Holiday

Wednesday 28 July: 6:00 Class Carer Meeting in the

staffroom

Monday 2 August: Picnic Day

Holiday

Wednesday – Friday 11 – 13

August: Year 5 Camp

Monday and Tuesday: 13 – 14 September: Student-led

Conferences

Friday 24 September: Last

day of Term 3

Building resilience in children is an important part of their upbringing at home as well as our social and emotional learning in our classrooms. I recently came across a blog by Sophia Auld about resilience and following is a summary of some of her ideas which might be a good reminder for parents and teachers.

It's understandable that you want to protect your children in an often dangerous and turbulent world. However, you also want your children to thrive and build healthy self-esteem. A definition of resilience is "a child's ability to cope with ups and downs, and to bounce back from the challenges they experience during childhood." Building resilience is not only important for helping children deal with current difficulties, but also in developing the basic skills and habits that will help them deal with challenges later in life, during adolescence and adulthood.

Regardless of how much you might like to, no parent can completely shield their child from hardship. In fact, protecting your child from adversity is likely to be counterproductive. If a child has no obstacles to overcome, or if a parent always jumps in to help, how can they develop the confidence needed to solve problems themselves, even into adulthood? It's through making mistakes and learning to cope with feelings like disappointment that we become healthy, independent adults.

The first way children develop resilience is by having good relationships with other children and adults. It is important for parents to spend quality time with their children helping them to explore their interests. Having adults model social skills and positive ways of relating to others is also crucial.

The second way to develop resilience is to encourage your child to take on responsibilities which can help them to develop a sense of autonomy and independence. You can also talk to them about problem-solving. Encourage them to come up with their own solutions rather than jumping in to provide them. For example, allow them to work through difficulties when they're playing with friends or siblings.

The third way is to be able to identify emotions. Resilience is not about always feeling happy or avoiding emotional reactions. In fact, emotions are an important part of our humanity. Rather, resilience involves learning to recognise and respond to emotions in a healthy way.

The fourth aspect of building resilience in children is by allowing them to take risks and accept challenges. This can include learning from mistakes, setting and working towards goals, finding things that help them to feel calm. It is important for them to find a trusted adult to talk to when they need help.

We want our students to display resilience in the playground in their interactions with others and also in the classroom so they can use their skills to collaborate with others, concentrate on the learning and have the stamina to complete tasks to a satisfactory level.

Lynne Pokela Head of Junior School Howard Springs Campus



Fenton: 355



Strauss: 256



Hughes: 294



Livingstone: 339





### **STAFF CHANGES**

At the end of this term Megan Pearn will be finishing in 1PH as she prepares for maternity leave. We wish her every blessing as she welcomes her little one into her family. Kylie Hanton will be taking the class full time for Semester 2.

Emma Murphy will also be going on maternity leave at the end of this term and she will be missed by the students in 1MB. We wish Emma all the best as she prepares for mother-hood!

Blessing Izuchukwu will be finishing in 2BI at the end of this term but she will be doing relief teaching in our Junior Schools for the first five weeks of Term 3, so we are not saying 'goodbye' just yet. We are very excited to announce that Jessica Keogh will be returning to our campus in Semester 2 to take 2BI having spent Semester 1 in NSW with her family. The class will now be known as 2JK.

Susannah Freer was successful in obtaining a teaching position at St Michael's Lutheran School in Harndorf so her family will be returning to Adelaide. Mrs Freer has been a part of Good Shepherd at Leanyer Campus and Howard Springs for the past three and a half years. We thank Mrs Freer for her contribution to Good Shepherd and especially for her hard work taking on the choir.

Brooke Bethune will be returning to Adelaide over the holiday break and we thank her for her wonderful contribution to our campus over the past 18 months. Miss Bethune was always willing to do extra and took on Tournament of the Minds last year. She will be missed by the students and staff. We are excited to announce that Rachel Harris will be taking 4BB in Semester 2. Rachel has been studying at Flinders University and completed her degree at Palmerston Campus so she is familiar with Good Shepherd and comes highly recommended. The class will be known as 4RH.

I also wish to inform our campus community that Mrs Nikkita Adair has officially changed back to her maiden name and will be now known as Nik Henley. Her class name will change to 2NH and her email address is now: <a href="mailto:nikkita.henley@ntschools.net">nikkita.henley@ntschools.net</a>

### **OUTDOOR PARENT CENTRE**

I would love to create an area for parents to meet outside the Year 1 classrooms. If anyone has excess outdoor furniture which they would be happy to donate, then please let me know so we can get started. I was thinking of small tables and chairs or an outdoor lounge. Watch this space!







## A MESSAGE FROM OUR COLLEGE CHAPLAIN.

If you wish to contact me my email is <a href="mailto:kyle.cantrill@ntschools.net">kyle.cantrill@ntschools.net</a>



### **Front Office Hours**

7:45am to 3:15pm

**Front Office Email** 

admin.hsjs@ntschools.net

A friendly reminder from our PE teacher Mrs Griffiths

Students need to ALWAYS have a school hat, water bottle and correct uniform including footwear for PE please.



### Assessment and Reporting within the PYP

As part of our upcoming 2022 Evaluation, Good Shepherd has taken the time to reflect, review and evaluate our current policies and procedures to ensure that they are in high standing and reflect the values of the school community and the IB. PYP Coordinators across each of the junior campuses recently came together to revaluate our current Assessment Policy, ensuring it reflects our school's philosophy as well as the PYP position on assessment:

Assessment is integral to all teaching and learning

The prime purpose of assessment is to provide feedback on the learning process
Assessment involves gathering and analysing data to inform teaching practices in the
classroom to improve student outcomes

Assessment identifies what students know, understand, can do and how they feel

As with any school policy, it is easy to write down this vision on paper, the challenge is ensuring this document is a *'lived experience'* throughout the school community. To improve our practice and to drive our Assessment Policy in a direction where it is *'lived'* throughout the school, we have added to our junior school planners earlier this year a section where teachers explicitly *reflect* on our schools Assessment Policy and the standings of the IB. This approach ensures that assessment and reporting are at the forefront of our thinking when planning for best practice learning and teaching.

During collaborative planning sessions with myself and staff, discussions about the ways to incorporate best practice assessment and reporting have been had for students to achieve at their best. Not all students learn the same and there is not a one size fits all approach. I have been thoroughly impressed with how well our teachers have differentiated for all learning styles and abilities in their classroom, ensuring all students can succeed at their best.

Peter Vella

**Primary Years Programme** 





## Athletics Fun Day | Column |









### **ELC – YEAR 2 ATHLETICS FUN DAY**

We had some very excited students on Thursday 24 June as they took part in their Athletics Fun Day. The day started off with the sprints on the Middle / Senior School oval. Then the rest of the day, the classes moved around various rotations. The highlight was the tug-of-war and the house chants! Even the teachers got in on the action! The house points for the races were as follows:

Fenton: 20

Hughes: 25

Strauss: 21

Livingstone: 24



























































## Around the School Welcome to Company welcome to Phone: 8983 3300 Icy Pole Day











### **SLG**

The SLG leaders have done a great job building our committee to discuss issues to improve our school. I thank them for their commitment and dedication to their role and look forward to implementing some of their ideas with our fundraising efforts. We are waiting on quotes to install basketball hoops on the courts, as well as compost bins for food scraps.

If you would like to donate *Quelch* icy poles to help us with fundraising, please drop them in at the office. Your continued support is much appreciated.

### **DISCO**

We held a very successful disco on Friday 4 June. It was such a lovely setting with everyone meeting around the basketball court and relaxing on the lawns.

Thank you once again to Kyle Cantrill for being our wonderful DJ. Thank you to Kathlene Ostojic, Bec Brown and Rachael Cross for all your ideas in making this a success. The idea of having bacon and cheese hot dogs was a popular move as well as the inaugural dessert bar!

We sincerely thank our office staff who took on the majority of the work load in preparing for the disco and Rachael Cross who stayed to the very end making sure all the loose ends were tied up. We thank the Ostojic family so much for supplying the lighting for the evening. We thank everyone for their donations of bread, bread rolls, drinks, cakes and a sincere thank you to everyone who helped out on the night. We raised **\$1,750.90** which will go towards classroom resources.



























Year 5 had special guests visit us in recent weeks. Ms. Fielke from ALWS came to talk to us about the rights of children, including those living in poverty. We talked about how we can support communities from all over the world to bring hope to others. We also had Leanne, who was our tour guide at Parliament House, come to conduct a role play with us about passing a bill which was about homework. The bill was passed but only for the last two weeks of term! This was a lot of fun to take on these roles within parliament. We have also combined classes to explore measurement concepts around our school. This was a great opportunity to work with someone new and practise our Maths skills of conversions, estimating and rounding.





















This term, the ELC students have been delving into our Unit of Inquiry informed by the Central Idea, 'People express their feelings and ideas in different ways' which falls under the Transdisciplinary Theme, 'How we express ourselves'. Over the term, we have explored ways to develop our ideas around this and the vocabulary for different emotions - using stories, songs, play, art and shared learning experiences to help develop our understandings. We explored the Zones of Regulation to help us learn that we are at our best and ready to learn when we are in the green zone, and what the other zones represent. To help us discuss the zones and the different emotions, we created artworks using the balloon art method and have displayed our work in our room. Over the term, we have been discussing ways of coping when we are feeling sad or lonely, frustrated or silly, or big angry emotions that we can feel. Some techniques we use are birthday candle breathing, resting to music, reading or listening to a story, doing a puzzle, having some quiet time and even going for a walk or run outside.

Over the term, we have also explored facial expressions and body language as a way of identifying how someone is feeling. We have made many feelings faces during art and craft time, and have integrated facial features during our play using special stones. For a class project, we practised making facial expressions which show different emotions. We chose one that we wanted to focus on and then communicated a life event that can make us feel this way - this was later annotated. We also had a go at drawing self-portraits showing this emotion. We put our photo, self-portrait and annotation together to make a display in our ELC foyer space, to share the message to our Learning Community that we all feel many different feelings, and they're all okay.

We have learned so much over the term, and learners have developed some great understandings around this topic.

Mrs Freer and the ELC Team.













# Around the School William Council Cou











### YEAR 3

The students in Year 3 have continued their investigations with enthusiasm this term. They have continued to devour books and have been concentrating on sequencing, comparing and contrasting, and cause and effect.

In Mathematics the students have been working on their number knowledge and measurement; especially money and giving change in preparation for their market day. This linked in with their Unit of Inquiry Central Idea, 'Economies are dependent on the exchange of goods and services'. This opened the students' eyes that ATM machines don't make money and that credit cards put people in debt.

For this unit, the students worked hard at completing their items for the Market Day stall. There are many burgeoning entrepreneurs in the classes and ideas flew left, right and centre. The students have been investigating the need to create a service, be the producer and how to advertise to gain customers. The students have created procedure texts to instruct readers how to make their Market Day products.





























































### YEAR 2

Our current Unit of Inquiry is 'How the world works' with the learning focus of how science helps us to understand the world around us. The students have been learning about different forces like 'pushes and pulls' and how they are created with different materials and equipment. They brainstormed how they used 'pushing and pulling' in their everyday lives at school such as pulling and pushing a door, using swings and the flying fox. The students brought in toys that have wheels to experiment with forces that push and pull.

### **V8 Supercars—Students on Track**

Our Junior School Captains and selected Middle School students attended the V8 Supercars special 'Students on Track' initiative on Friday 18 June. They all had a fantastic time.

"Students on Track tickets include entry to the circuit and Supercars Pit Paddock, getting them close to the excitement of the Team Transporters and the action of the garages. Plus they'll get to enjoy the thrills of the Supercars practice sessions, support category sessions and on track entertainment."

















This semester has been a busy one at the Resource Centre! In Term 1, we started our mother tongue story time sessions to honour our bilingual families. We began during Harmony Week with a story time each day, and then held weekly or biweekly story times right through to the end of Term 2. Students enjoyed traditional and contemporary stories in twelve languages, ate delicious desserts from South Africa and learnt about women's traditional clothing from West Africa.

New additions to the library include Marvel comics, JK Rowling's *The Ickabog*, and the Children's Book Council of Australia's shortlisted titles. If your child isn't sure about what to read, or struggles to find something they like, let them know they can place orders and the library will buy books for them.

Looking ahead, Term 3 will see the start of book chats with classes where we explore new illustrators, different genres, and new releases. It will also see students going on a story walk – where they walk through the primary campus and read a picture book as they go.



























In Year 4, the students have researched different communities such as; urban, suburban, rural and remote. They have looked into specific organisations within a community which focus on people and their needs and identified the connection between the people and services of the community. For this project they have chosen a service to research and wrote an information report on it, designed a blueprint of their chosen community, and are now building a 3D version of it that matches the blueprint. The students are definitely earning their holidays!













### The Good Café

https://www.facebook.com/ zuccoliIGA/

Checkout the fabulous menu and remember to place orders through:

https://www.flexischools.com.au/





## Good Shepherd and St Andrew Lutheran Church - Worship Services -

- \* St Andrew Lutheran Church, Nightcliff Sunday, 8.30am
- \* Good Shepherd Lutheran Church, Howard Springs Campus Chapel
- Sunday, 10.30am

For further information, please call: **8932 4444** or visit the Top End Lutheran Parish website:

http://darwinlutheranchurch.org.au



### College Website, App, Facebook & Instagram

Don't forget to check these sources of information from time to time. Events and news articles are added to the College website and App regularly:

www.goodshepherd.nt.edu.au

**College App** 

**Good Shepherd Lutheran College NT** 

**Facebook** 

https://www.facebook.com/GoodShepherdNT/

**Careers Facebook Page** 

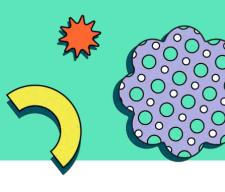
https://www.facebook.com/gslccareers/

Instagram

https://www.instagram.com/goodshepnt/



## Newsletter



### Ready for Mission Takeoff II. (Winter Holidays)

This is your Commander speaking, We are ready for take off! Get excited for some fun fill educational days ahead. Each Cadets (child) will receive a Mission pack, including a Rocketeers T-shirt, Winter mission take off badge and an activity booklet. Please insure your Child is wearing their Rocketeers Red T-shirt on Excursion days. Cant wait for the fun to begin.

Here a run down of the mission itinerary.

### Week 1

Mon 28 June - Mission Takeoff II- Mini Olympics with fun sports and games, as well as creative craft activities for our opening ceremony.

<u>Tuesday 29 June- Operation: Celebrating Diversity</u>-Celebrating cultures from around the world, feel free to bring items from home to celebrate and teach you're friends about your beautiful background

<u>Wednesday 30 June- Project Ninja</u> -Shh... Its all about being sneaky and stealthy. We have sushi making for lunch karate Chop chop. Ninja head bands and learning about Japanese culture.

<u>Thursday 1 July- Adventure: Playground adventure at Humpty Doo village Green Playground</u>-Get lots of sleep the night before, because we are going to have an adventurous day exploring and playing in Humpty Doo.

Friday 2 June- Operation Impact - Its time for us to explore and learn about the impact we are having on our earth. With fun games and recycle crafts.

### Week 2

<u>Monday 05 July- Operation NAIDOC</u> -All about celebrating the traditions and customs of the Aboriginal and Torres Strait Islander. Gaining a deeper understanding of the history of our beautiful country and its traditional owners with games and activities.

<u>Tuesday 06 July - Project Africa</u> Learning all about the wonderful Africa culture, with African music and dance, jewellery making, Mancala games and Kalimba (thumb piano) building.

Wednesday 07 July- Adventure: What a crocodile! At Crocodylus park. - Crikeyyy!!

Thursday 08 July- Worldwide Athletics- Day filled with Sports, Games and FUN

Friday 09 July- Adventure: Bows, Rows and Putters at flight path Mini Golf -Foreeeee!

### Week 3

Monday 12 July Talentful- This day is all about celebrating each others talents with a Talent show. Bring in anything you need to showcase your talent or skill.

<u>Tuesdays 13 July Minecraft Battles-</u> We have heaps of Minecraft based activity's with some special guest to run some exciting activities as well.

Wednesday 14 July Adventure: Animal adventure's at Territory Wildlife Park- Animal fun with the Australian wildlife.

Thursday 15 July Pay it forward – Show how big your heart is, learning about kindness and respect.

<u>Friday 16 July Experimentally Scrumptious</u>- Lets get in the kitchen and create yummy treats while learning about science!

### Week 4

Monday 19 July Chaotic craft - Lets get creative. Its the last day on the holidays lets have fun creating some wonderful crafts



